Amish Cinnamon Bread

PER SERVING (1 piece)

288 CALORIES

4.3g SAT FAT 243_{mg} SODIUM

45.4_g CARBS

Allergens: Contains Soy.

Made With: MILK, BTTRMLK, FLUID, WHL; WHEAT

FLOUR, WHOLE-GRAIN; Sugars, granulated;

Margarine; Sugars, granulated;

EGG, WHL, RAW, FRSH; LEAVENING AGENTS, BAKING

SODA; Spices, Cinnamon, Ground

Apple, Granny Smith, 125ct

PER SERVING (1 ea.)

130
CALORIES

0.0g
SAT FAT
SODIUM
35.0g
CARBS

Allergens:

Made With: Apple, Granny Smith, 125ct

Apple, Raw, 138 count

PER SERVING (1 ea.)

130
CALORIES

0.0g
SAT FAT

Omg
CARBS

Allergens:

Made With: Apple, Raw, 138 count

Apples, canned, unsweetened, sliced, in water, without salt or nutritive sweeteners [100206, A345]



Allergens:

Made With: APPLES, CANNED, UNSWEETENED, SLICED, IN

WATER

Apples, Pre-Sliced, Bagged, Champlain Valley

PER SERVING (1 bag, single serving)				
30	0.0 g	O mg	8.0 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: Apples, Pre-Sliced, Bagged

Applesauce, Unsweetened



Allergens:

Made With: Applesauce, Unsweetened

Bagel, White Whole Grain Bagel, Lender's Bagels, Pinnacle Foods Group, 00074 WGR

PER SERVING (1 bagel) 140 CALORIES 0.0g SAT FAT 180mg SODIUM CARBS

Allergens: Contains Wheat.

Made With: Bagel, White Whole Grain Bagel, Lender's Bagels,

Pinnacle Foods Group, 00074 WGR

Banana Muffins/Bread

PER SERVING (1 muffin)				
228	2.0 g	231 _{mg}	33.8 _g	
CALORIES	SAT FAT	sodium	carbs	

Allergens: Contains Egg, Milk, Soy.

Made With: BANANAS,RAW; Removed in CN21 FLOUR, BAKERS, SOFT WHEAT, ENRICHED, WHITE,

BAKERS, SOFT WHEAT, ENRICHED, WHITE, BLEACHED; Sugars, granulated; OIL,VEG,NATREON CANOLA,HI STABILITY,NON TRANS,HI OLEIC (70%); Candies, Semisweet Chocolate Chips, Mini, Hershey's; Egg, large, fresh; SALT,TABLE; LEAVENING AGENTS,BAKING PDR,DOUBLE-

ACTING, STRAIGHT PO4; Vanilla Extract, Pure;

LEAVENING AGENTS, BAKING SODA

Banana, Raw, Medium

PER SERVING (1 ea.)				
112	0.1 g	1 _{mg}	28.8 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: BANANAS, RAW

Bar, Nutri-Grain Cereal Bar Blueberry, Kellogg's 90819, WGR

PER SERVING (1 Bar) 160 CALORIES 0.5g SAT FAT 135mg SODIUM CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: Bar, Nutri-Grain Cereal Bar Blueberry, Kellogg's

90819, WGR

BBQue Sauce, Heinz

PER SERVING (2 Tbsp.)					
40	0.0 g	450 mg	10.0 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens:

Made With: BBQue Sauce, Heinz

Beans, Baked Beans, Veg-BP

PER SERVING (1/2 cup serving)				
155	0.1 g	509 mg	36.7 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens:

Made With: BEANS, BKD, CND, PLN OR VEGETARIAN; Condiment,

Ketchup, Low Sodium, Dispenser Pouch, Heinz,

76003605; Sugars, brown; MUSTARD, PREPARED, YELLOW

Beans, Garbonzo Beans, Chickpeas, Veg-BP

PER SERVING (1/2 cup serving) 106 CALORIES 0.0g SAT FAT 140mg SODIUM 16.0g CARBS

Allergens:

Made With: Beans, Garbanzo, Low-sodium, Canned, USDA,

100360, VEG-BP

Beans, green, cooked from frozen, whole or cut (french or sliced lengthwise), drained, without salt [100351, A070]

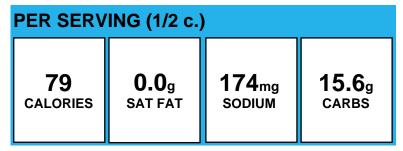
PER SERVING (1/2 c.)				
19	0.0 g	6mg	4.4 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: BEANS, GREEN, COOKED FROM FROZEN, WHOLE,

DRAINED, NO SALT

Black Bean Corn Salsa 1/4 Veg-BP, 1/4 Veg-S



Allergens:

Made With: Black Beans, Canned, Pasado, VEG-BP; Corn,

Yellow, Whole Kernel, Cooked from Frozen, Commodity, 100348, A130, Veg-S; Tomatoes, Raw, Cherry, Veg- RO (Tomatoes, Raw, Cherry, Veg- RO); LIME JUC, CND OR BTLD, UNSWTND;

Herbs, Cilantro, Fresh, Raw

Blueberry Muffins

PER SERVING (1 muffin) 311 CALORIES 2.5g SAT FAT 260mg CARBS

Allergens: Contains Egg, Milk, Soy.

Made With: Removed in CN21 FLOUR, BAKERS, SOFT WHEAT,

ENRICHED, WHITE, BLEACHED; Milk, Fat Free Skim, Marburger; Blueberries, unsweetened; Sugars, granulated; Sugars, brown; OIL,CANOLA; Egg, large, fresh; Margarine; Removed in CN21

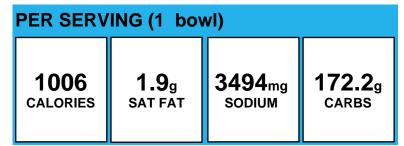
FLOUR, WHOLE WHEAT; LEAVENING

AGENTS, BAKING PDR, DOUBLE-ACTING, STRAIGHT PO4; Spices, Cinnamon, Ground; SALT, TABLE;

Spices, Cinnamon, Ground; LEAVENING

AGENTS, BAKING SODA

Bowl, Mashed Potato Bowl, 2.25 oz MMA, 2 WG, 1 G, VEG-S



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Potato, Mashed, Flake Dehydrated, Add Water

Carton, Instant, JR Simplot, 10071179022800, Veg-S; Raw Whole Grain Breaded Boneless Wing; UV Corn, Yellow, Whole Kernel, Cooked from Frozen, Commodity, 100348, A130, Veg-S; Rolls, Wheat WG Dinner, Schwebels, 192, WGR; Gravy, Chicken, Low Sodium; Cheese, Cheddar, Reduced

Fat, Yellow, Shredded, 5LB, USDA, MMA

Breakfast Bar, MMA, WG

PER SERVING (1 portion) 487 CALORIES 3.7g SAT FAT 628mg SODIUM 79.3g CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Syrup, Pancake Maple Flavored, 41/1 GA, Harvest

Value, 231295; Pancake on a Stick, MMA, WG, CN Label; Pancake, WG, Heat & Description of the Parth, 948679, WGR; Turkey, Pre-cooked Turkey Sausage Patty, 1.025 oz, Frozen, Jennie-O, 6132, MMA; Pork, Bacon, Sugardale; French Toast Sticks w/ Turkey Sausage, 2.5 oz WG, 2 oz MMA (Bread, French Toast Sticks, Hilltop Hearth; Turkey, Pre-cooked Turkey Sausage Patty, 1.025 oz, Frozen, Jennie-O, 6132, MMA; Breakfast Syrup, Smuckers)

Broccoli, raw

PER SERVING (1/2 c.)					
11	0.0 g	19 _{mg}	1.9 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: Broccoli, Floret Iceless Poly Pack Fresh Ref, Cross

Valley Farm, 042287, Veg-DG

Broccoli, Chopped, Frozen, Monarch, 671195, Veg-DG



Allergens:

Made With: Broccoli, Chopped, Frozen, Monarch, 671195, Veg-

DG

Burger, Bacon Cheeseburger on a Bun, 6-8, 9-12, MMA, WG

PER SERVING (1 ea.) 395 CALORIES 7.3g SAT FAT 868mg SODIUM CARBS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Beef Patty, Ground 2.25 oz, round, CN, reduced

sodium, charbroiled; Bun, White WG Hamburger, Schwebels, 126, WGR; Pork, Bacon, Sugardale; RF

PROCESS AMERICAN CHEESE

Burger, Cheeseburger on a Bun, MMA, WG

PER SERVING (1 ea.)				
330	6.5 _g	640 mg	31.5 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

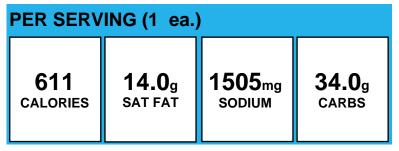
Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Beef Patty, Ground 2.25 oz, round, CN, reduced sodium, charbroiled; Bun, White WG Hamburger,

Schwebels, 126, WGR; Cheese, American, 160

count

Burger, Double Bacon Cheese Burger on a Bun, MMA, WG



Allergens: Contains Gluten, Soy, Wheat.

Made With: Beef, Smart Picks, Flamebroiled, Pattie,

AdvancePierre Foods, 3-155-525-20, MMA; Bun, White WG Hamburger, Schwebels, 126, WGR; Removed in CN20 RF PROCESS AMERICAN

CHEESE; Pork, Bacon, Sugardale

Burger, Double Burger on a Bun, , MMA, WG

PER SERVING (1 ea.) 531 CALORIES 12.0g SAT FAT 1235mg SODIUM 34.0g CARBS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Beef, Smart Picks, Flamebroiled, Pattie,

AdvancePierre Foods, 3-155-525-20, MMA; Bun, White WG Hamburger, Schwebels, 126, WGR; Removed in CN20 RF PROCESS AMERICAN CHEESE

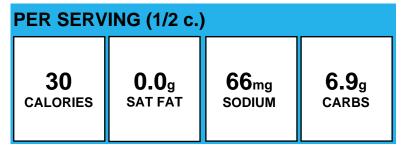
Cantaloupe, raw

PER SERVING (1/2 c.)				
27	0.0 g	13 _{mg}	6.5 g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: CANTALOUPE, RAW

Carrots, Baby-Cut, Sticks, Fresh, Peeled, 100982 A094, Veg-RO

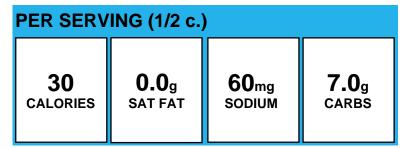


Allergens:

Made With: Carrots, Baby-Cut, Sticks, Fresh, Peeled, 100982

A094, Veg-RO

Carrots, Frozen, Harvest Value, RO



Allergens:

Made With: Carrots, Frozen, Harvest Value, RO

Cauliflower, raw

PER SERVING (1/2 c.)				
28	0.1 g	30mg	5.0 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: CAULIFLOWER, RAW

Celery Sticks

PER SERVING (1/2 c.)				
10	0.0 g	50 mg	2.0 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: Copy of Celery, Stix, Grab N Go, US Foodservice,

Veg-O

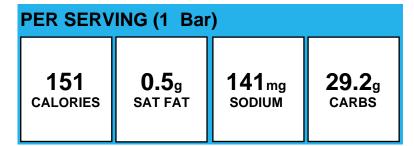
Cereal Bar, Cheerios Fruit, WG, 16000-31912

PER SERVING (1 Bar) 150 CALORIES 0.5g SAT FAT 105mg CARBS CARBS

Allergens: Contains Wheat.

Made With: Cereal Bar, Cheerios Fruit, WG, 16000-31912

Cereal Bar, Cinnamon Toast Crunch, General Mills, 19437000, WG



Allergens: Contains Wheat.

Made With: Cereal Bar, Cinnamon Toast Crunch, General Mills,

19437000, WG

Cereal Bar, Cocoa Puffs, General Mills, WG, 16000-19438



Allergens: Contains Wheat.

Made With: Cereal Bar, Cocoa Puffs, WG, 16000-19438

Cereal Bar, Golden Grahams, General Mills, WG, 16000-31913

PER SERVING (1 Bar) 150 CALORIES 0.5g SAT FAT 110mg SODIUM 30.0g CARBS

Allergens: Contains Wheat.

Made With: Cereal Bar, Golden Grahams, General Mills, WG,

16000-31913

Cereal Bar, Nutri Grain Apple Cinnamon, Kellogg's, WG, 3800059779



Allergens: Contains Milk, Soy, Wheat.

Made With: Cereal Bar, Nutri Grain Apple Cinnamon, Kellogg's,

WG, 3800059779

Cereal Bar, Nutri Grain Strawberry, Kellogg's, WG, 3800059772



Allergens: Contains Milk, Soy, Wheat.

Made With: Cereal Bar, Nutri Grain Strawberry, Kellogg's, WG,

3800059772

Cereal Bar, Trix, General Mills, 31915, WGR

PER SERVING (1 ea.) 150 CALORIES 0.5g SAT FAT SODIUM 30.0g CARBS

Allergens: Contains Soy, Wheat.

Made With: Cereal Bar, Trix, General Mills, 31915, WGR

Cereal, 25% Less Sugar Cinnamon Toast Crunch, General Mills, 16000-29444, WGR



Allergens: Contains Soy, Wheat.

Made With: Cereal, 25% Less Sugar Cinnamon Toast Crunch,

General Mills, 16000-29444, WGR

Cereal, Cheerios MultiGrain, Self-Serve Bowl, General Mills, 16000-11941, WG

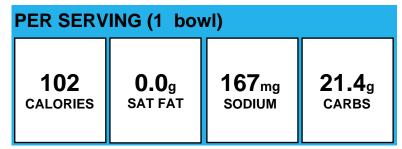


Allergens: Contains Wheat.

Made With: Cereal, Cheerios MultiGrain, Self-Serve Bowl,

General Mills, WG

Cereal, Lucky Charms, WG, SS Bowl Shelf Stable, General Mills, 16000-11973, WG

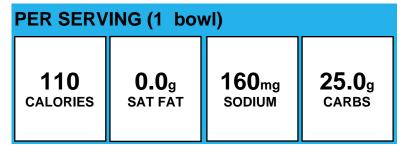


Allergens:

Made With: Cereal, Lucky Charms, WG, SS Bowl Shelf Stable,

General Mills, 16000-11973, WG

Cereal, Ready-To-Eat, Cocoa Puff, Reduced Sugar, General Mills, 16000-29443, WG

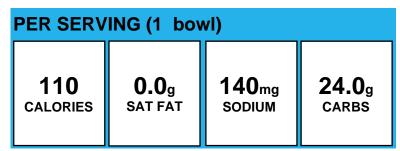


Allergens:

Made With: Cereal, Ready-To-Eat, Cocoa Puff, Reduced Sugar,

General Mills, WG

Cereal, Ready-To-Eat, Trix, Reduced Sugar, General Mills, 16000-29445, WG



Allergens:

Made With: Cereal, Ready-To-Eat, Trix, Reduced Sugar,

General Mills, 16000-29445, WG

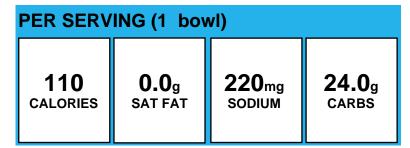
Cereal, Rice Chex, Bowl Pack, Gluten Free



Allergens:

Made With: Cereal, Rice Chex, Bowl Pack, Gluten Free

Cereals, Golden Grahams, Self Serve Bowl, General Mills, 16000-11943, WG

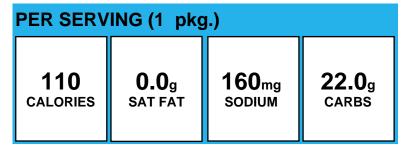


Allergens: Contains Wheat.

Made With: Cereals, Golden Grahams, Self Serve Bowl, General

Mills, 16000-11943, WG

Cereals, Honey Nut Cheerios, Singlepak, General MIlls, 16000-11918, WG



Allergens:

Made With: Cereals, Honey Nut Cheerios, Singlepak, General

MIlls, 16000-11918, WG

Cheese Sticks Dippers (Max) with Sauce (new), 1.93 oz/2 each, MMA, WG, Veg RO

PER SERVING (1 serv.) 355 CALORIES 5.0g SAT FAT 750mg SODIUM 38.0g CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: Pizza, MaxStix Mozzarella Whole Grain Sticks 1.93

oz, The MAX, ConAgra, 77387-12685, MMA, WGR; Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO

Cheese, Cream Cheese Philly Light .75 oz cup, Kraf

PER SERVING (1 portion (.75 oz cup))					
45	IES	2.5 g	95 _{mg}	1.0 g	
CALOR		SAT FAT	SODIUM	CARBS	

Allergens: Contains Milk.

Made With: Cheese, Cream Cheese Philly Light .75 oz cup, Kraft

Foods Inc., 61094

Chicken, Chicken Nuggets w/ WG Dinner Roll, 2.25 oz MMA/ 1 oz WG, 2 oz WG



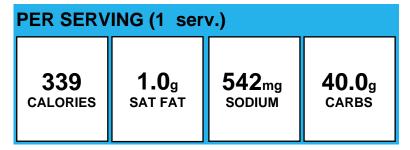
Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Chicken Nuggets, Whole Grain Breaded, Pilgrim's

Pride, Gold Kist, 61210, MMA, WG; Rolls, Wheat WG Dinner, Schwebels, 192, WGR (Rolls, Wheat

WG Dinner, Schwebels, 192, WGR)

Chicken, Chicken Tenders w/ WG Dinner Roll, 2 oz MMA/ 2 oz WG



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Raw Whole Grain Breaded Boneless Wing; Rolls,

Wheat WG Dinner, Schwebels, 192, WGR (Rolls, Wheat WG Dinner, Schwebels, 192, WGR)

Condiment, Hot Sauce, Texas Pete, 10.012

PER SERVING (1 tsp.)					
0	0.0 g	100 _{mg}	0.0 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: Condiment, Hot Sauce, Texas Pete, 10.012

Condiment, Ketchup, Low Sodium, Dispenser Pouch, Heinz, 76003605



Allergens:

Made With: Condiment, Ketchup, Low Sodium, Dispenser

Pouch, Heinz, 76003605

Corn Dog, WG

PER SERVING (1 ea.) 240 CALORIES 1.5_g SAT FAT 670_{mg} CARBS CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Copy of Corn Dog, Whole Grain, Turkey, State

Fair/Sara Lee, 9988, WG, MMA

Corn Dogs, Mini, WG, MMA

PER SERVING (1 serv.)				
240	2.3 g	690 mg	24.0 _g CARBS	
CALORIES	SAT FAT	SODIUM		

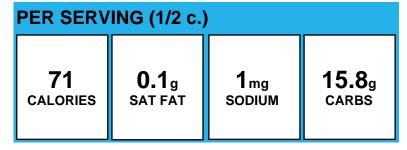
Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Corn Dog, Lite Whole Grain Mini Turkey, 0.667 oz,

State Fair, Sara Lee Foodservice, 09180, MMA,

WGR

Corn, Yellow, Whole Kernel, Cooked from Frozen, Commodity, 100348, A130, Veg-S



Allergens:

Made With: Corn, Yellow, Whole Kernel, Cooked from Frozen,

Commodity, 100348, A130, Veg-S

Craveable, Super Fruit

PER SERVING (1 ea.) 423 CALORIES 9.1g SAT FAT 762mg CARBS CARBS

Allergens: Contains Milk, Wheat.

Made With: Cheese Stick, Mozzarella, String Cheese, Land O

Lakes Foodservice, 59701, MMA; APPLES, FRESH, SLICED, UNPEELED; GRAPES, AMERICAN TYPE (SLIP SKN), RAW; Crackers, Goldfish, .75 oz,

140018105, WG

Cucumber, raw

PER SERVING (1/2 c.)					
9	0.0 g	1 _{mg}	1.9 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: Cucumber, with peel, raw

Deli Bar, MMA, WG

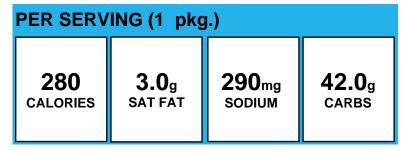
PER SERVING (1 sandwich)				
376 CALORIES	9.2 g SAT FAT	1338 _{mg} sodium	24.4 _g carbs	

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With:

Tomatoes, red, ripe, raw, year round average; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O; PICKLES, CUCUMBER, DILL OR KOSHER DILL; Deli Meat, Salami, Cooked, Pork and Beef, Berks, 3212, SFA Does Not Count Toward MMA (Deli Meat, Salami, Cooked, Pork and Beef, Berks, 3212, SFA Does Not Count Toward MMA); Pepperoni, Sliced 14-16 Count, Cooked, Roseli, 342216; Bread, Slice, White Whole Grain, 1 oz Grain; Turkey, breast, deli-style, cooked then frozen (TURKEY, BREAST, DELI-STYLE, COOKED THEN FROZEN); 160 Slice Reduced Fat Yellow Pastuerized Process American Cheese (RF PROCESS AMERICAN CHEESE); Cheese, provolone (CHEESE, PROVOLONE); Chicken Salad, USDA E-05, MMA (CHICKEN, DICED, COOKED, IQF, MEAT ONLY; Mayonnaise, Heinz; Celery, Sticks, Veg-O; PICKLE RELISH, SWEET; Onion red, raw; Spice, Mustard, Ground, 6/15 oz; Spices, pepper, black); Cheese, Swiss Sliced .75 oz 3.5 X 1.5 Twin Pack, Glenview Farms, 310193, MMA; Salad, Tuna Salad (new), MMA, WG, DG-Veg, RO-Veg, O-Veg (Lettuce, Romaine, Chopped, Fresh, Veg-DG; Salad, Tuna (2 oz pro), MMA (Tuna, Skipjack Tuna in Water, MMA; Mayonnaise, Heinz (Mayonnaise, Heinz); Egg, Hard Cooked, Peeled, Whole Dry Pack, Papetti's, 0136127, MMA; PICKLE RELISH, SWEET; Onions, raw; CELERY, RAW; LEMON JUC, CND OR BTLD; PEPPER, WHITE); Rolls, Wheat WG Dinner, Schwebels, 192, WGR; Tomato Wedges (Tomatoes, red, ripe, raw, year round average); Egg, Hard Cooked, Peeled, Whole Dry Pack, Papetti's, 0136127, MMA; Cucumber, with peel, raw; Onions, raw; Olives, ripe, canned (small-extra large)); Ham, Cooked, Farmland Foods, A693 MMA; Bun, White Whole Grain Hoagie, Schwebels, 125, WGR; ROAST BF, DELI STYLE, PREPACKAGED, SLICED; Cheese, Sliced Pepper Jack, Alpine Lace, Land O'Lakes, 44238, MMA (Cheese, Sliced Pepper Jack, Alpine Lace, Land O'Lakes, 44238, MMA); Tortilla flour tomato basil whole grain; Olives, ripe, canned (small-extra large); Peppers, jalapeno, canned, solids and liquids (PEPPERS, JALAPENO, CND, SOL& amp; LIQUIDS); Red Peppers, Raw, Veg-RO; Pepper, Banana, Mild, Sliced, Roseli; Cucumber, with peel, raw; Onion red, raw; BEANS, CANNED, BLACK, LOW SODIUM; Tortilla, 10" Whole Wheat Tortilla, DonPancho; MDC Tortillas, FS 10" Spinach Herb Wraps, 6/12ct, Mission, 20119, Non-WG; Tortilla Jalapeno Cheese Whole Grain; Italian Bread, WG (WHEAT FLOUR, WHOLE-GRAIN; Water, Tap; Water, Tap; Milk, Dry Milk, Non-Fat, Ryt-Way Food Products, F8881250, Milk; Sugars, granulated; Shortening soybean; SALT, TABLE; LEAVENING AGENTS, YEAST, BAKER'S, ACTIVE DRY)

Donut, Goodyman Powdered Sugar Mini Donuts, Super Bakery, WG



Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Donut, Goodyman Powdered Sugar, Super Bakery,

WG

Double Chocolate Muffins

PER SERVING (1 muffin)				
260	3.0 g	148 mg	40.1 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg.

Made With: Water, Tap; Sugars, granulated; WHEAT

FLOUR, WHOLE-GRAIN; Semi-Sweet Chocolate; OIL, CANOLA; High Fat Cocoa processed with alkali; EGG, WHITE, RAW, FRESH; Vinegar, Distilled, White; LEAVENING AGENTS, BAKING PDR, DOUBLE-ACTING, STRAIGHT PO4; Vanilla Extract, Pure;

SALT, TABLE

Dressing, Cains Light Italian Dressing, Cains, 59770



Allergens:

Made With: Dressing, Cains Light Italian Dressing, Cains,

59770

Dressing, Light Ranch Dressing, Cains, 52230

PER SERVING (1 Tbsp.)				
45	0.5 g	145 _{mg}	3.0 g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: May contain Egg, Milk, Soy.

Made With: Dressing, Light Ranch Dressing, Cains, 52230

Dressing, Oriental Sesame, Ken's Foods Inc, KE0619

PER SERVING (2 Tbsp.)				
90	0.5 g	320 mg	12.0 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Soy, Wheat.

Made With: Dressing, Oriental Sesame, Ken's Foods Inc,

KE0619

Dressing, Ranch Low Fat, Heinz



Allergens: Contains Milk, Soy.

Made With: Ranch, Low Fat

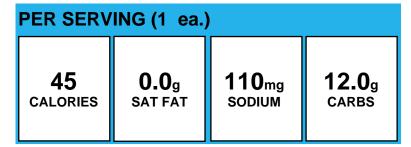
Dressing, Ranch Low Fat, Heinz



Allergens: Contains Milk, Soy.

Made With: Ranch, Low Fat

Dressing, Raspberry Vinaigrette FF SS, Ken's, KE0630B3



Allergens:

Made With: Dressing, Raspberry Vinaigrette FF SS, Ken's,

KE0630B3

Dressing, Vinaigrette Balsamic, 4/1 gal., Ken's, KE0955



Allergens:

Made With: Dressing, Vinaigrette Balsamic, 4/1 gal., Ken's,

KE0955

Enchilada, Chicken

PER SERVING (1 ea.) 358 8.3g CALORIES SAT FAT 1565mg CARBS

Allergens: Contains Gluten, Milk, Wheat.

Made With: Chicken, Fajita Strips Fully Cooked Frozen IQF 30

LB, USDA, 100117, A563, MMA; Tortilla, Whole Wheat, 10", 2oz eq; Coating for Enchilada (Water, tap, municipal; Spice, Chili powder, mild, 6/18 oz; as purchased); Cheese, American, 160 count

French Toast Sticks w/ Turkey Sausages, 2.5 oz WG, 2 oz MMA

PER SERVING (1 ea.)					
615	5.8 g	685 mg	81.3 _g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Bread, French Toast Sticks, Hilltop Hearth; Turkey,

Pre-cooked Turkey Sausage Patty, 1.025 oz, Frozen, Jennie-O, 6132, MMA; Breakfast Syrup,

Smuckers

Fruit, Blueberries, Frozen, USDA Foods, 110623, F



Allergens:

Made With: Fruit, Blueberries, Frozen, USDA Foods, 110623, F

Fruit, Mixed, Canned

PER SERVING (1/2 c.) 69 CALORIES 0.0g SAT FAT 8mg CARBS 17.9g CARBS

Allergens:

Made With: Fruit, Mixed, Canned

Fruit, Peach Cup 4.75 oz, AdvancePierre Foods, 801401, F

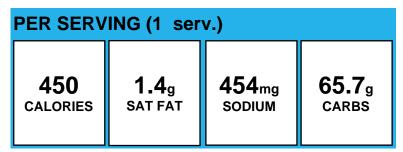
PER SERVING (1 ea.)				
60	0.0 g	5mg	17.0 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens:

Made With: Fruit, Peach Cup 4.75 oz, AdvancePierre Foods,

801401, F

General Tso's Chicken w/ Brown Rice, 2 oz M/MA, 2 oz WGR



Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Rice, brown, long-grain, cooked; Raw Whole Grain

Breaded Boneless Wing; General Tso's Sauce (Soup, stock, chicken; Sugars, granulated; Soy sauce made from soy and wheat (shoyu), low sodium; VINEGAR, DISTILLED; Water, Tap; Cornstarch; Spice, Garlic, Granulated, Culinary Secrets, 10940; Spice, Ginger, ground, 6/15 oz; as purchased; PEPPER, WHITE; PEPPERS, CRUSHED

RED; PEPPER, RED OR CAYENNE)

Goodyman Mini Donuts, Whole Grain Chocolate Enrobed, Super Bakery, 6686, WGR

PER SERVING (3 ounces) 300 CALORIES 8.0g SAT FAT SODIUM 39.0g CARBS

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Goodyman Mini Donuts, Whole Grain Chocolate

Enrobed, Super Bakery, 6686, WGR

Grapes, american type (slip skin), raw

PER SERVING (1/2 c.)					
31	0.1 g	1 _{mg}	7.9 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: GRAPES, AMERICAN TYPE (SLIP SKN), RAW

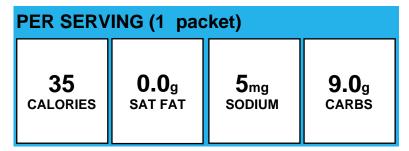
Honeydew, raw

PER SERVING (1/2 c.)					
31	0.0 g	15 _{mg}	7.7 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: HONEYDEW, RAW

Jelly, Grape 14 g, Smucker's, 5150000764



Allergens:

Made With: Jelly, Grape 14 g, Smucker's, 5150000764

Juice, Sun Cups, Apple/OJ/ Grape, FJ

PER SERVING (1 Carton)				
67	0.0 g	9 _{mg}	16.3 g	
CALORIES	SAT FAT	SODIUM	CARBS	

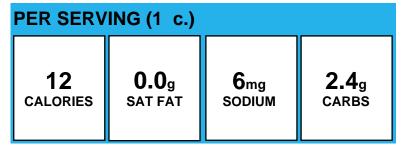
Allergens:

Made With: Juice, Orange Juice, 4oz cup, 100%, Suncup,

090100, F; Juice, Apple, 100% with Vitamin C, 4 oz, Suncup, 090303, F; Juice, Grape, 100% with Vitamin C, 4 oz, Suncup, 090501, F; Juice, Fruit Punch 100% SS Cup Frozen, Country Pure Foods,

Ardmore Farms, 41391, F

Lettuce, Romaine, Chopped, Fresh, Veg-DG



Allergens:

Made With: Lettuce, Romaine, Chopped, Fresh, Veg-DG

Maple Pancakes w/ Turkey Sausage, 2 oz WG, 2 oz MMA

PER SERVING (1 pkg.) 330 CALORIES 3.0g SAT FAT SODIUM 35.0g CARBS

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Pancake, Eggo Bites Mini Pancakes Maple (new),

WG; Turkey, Pre-cooked Turkey Sausage Patty,

1.025 oz, Frozen, Jennie-O, 6132, MMA

Mayonnaise, Light, pc, Heinz, 532050

PER SERVING (1 ea.)			
40	0.0 g	105 _{mg}	3.0 g
CALORIES	SAT FAT	sodium	CARBS

Allergens:

Made With: Mayonnaise, Light, pc, Heinz, 532050

Milk, 1% Milk, Lactaid, Milk

PER SERVING (1 c.)			
110	1.5 g	125 mg	13.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Milk.

Made With: Milk, 1% Milk, Lactaid Milk

Milk, 1%, Marburger

PER SERVING (8 ounces) 100 CALORIES 1.5g SAT FAT SODIUM 12.0g CARBS

Allergens: Contains Milk.

Made With: Milk, 1%, Marburger

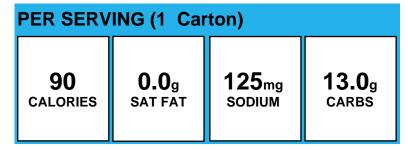
Milk, Fat Free Chocolate, Marburger

PER SERVING (8 oz 1 serving) 140 CALORIES 0.0g SAT FAT 180mg SODIUM CARBS

Allergens: Contains Milk.

Made With: Milk, Fat Free Chocolate, Marburger

Milk, Fat Free Milk, Half Pint, Lactaid, MILK



Allergens: Contains Milk.

Made With: Milk, Fat Free Milk, Half Pint, Lactaid, MILK

Milk, Fat Free Skim Milk, Half Pint, Schneider's,

PER SERVING (1 cup serving) 80 CALORIES 0.0g SAT FAT 130mg CARBS

Allergens: Contains Milk.

Made With: Milk, Fat Free Skim Milk, Half Pint, Schneider's,

MILK

Milk, Fat Free Skim, Marburger

PER SERVING (8 oz 1 serving)			
80	0.0 g	120 mg	12.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Milk.

Made With: Milk, Fat Free Skim, Marburger

Milk, Fat Free Strawberry, Marburger



Allergens: Contains Milk.

Made With: Milk, Fat Free Strawberry, Marburger

Milk, Fat Free Vanilla, Marburger

PER SERVING (8 oz 1 serving) 140 CALORIES 0.0g SAT FAT 95mg SODIUM CARBS

Allergens: Contains Milk.

Made With: Milk, Fat Free Vanilla, Marburger

Milk, Light Milk Super Cool Milk 1% Milk, Schneide

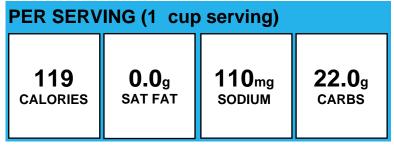
PER SERVING (1 cup serving) 100 CALORIES 1.5g SAT FAT 125mg CARBS

Allergens: Contains Milk.

Made With: Milk, Light Milk Super Cool Milk 1% Milk,

Schneider's, MILK

Milk, Schneider's Skinny Mini's Fat Free Chocolate



Allergens:

Made With: Milk, Schneider's Skinny Mini's Fat Free Chocolate

Milk, Half Pint, Schneider's, MILK

Milk, Schneider's Skinny Mini's Fat Free Strawberr



Allergens:

Made With: Milk, Schneider's Skinny Mini's Fat Free Strawberry

Milk, Half Pint, Schneider's, MILK

Milk, Schneider's Skinny Mini's Fat Free Vanilla M

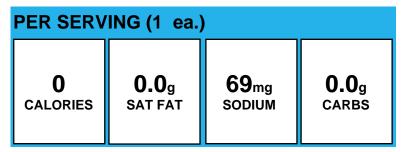
PER SERVING (1 cup serving)			
130	0.0 g	120 mg	24.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens:

Made With: Milk, Schneider's Skinny Mini's Fat Free Vanilla Milk,

Half Pint, Schneider's, MILK

Mustard, Packet 5.5g, Heinz, 530600



Allergens:

Made With: Mustard, Packet 5.5g, Heinz, 530600

Orange Chicken w/ Brown Rice, 2 oz M/MA, 2 oz WGR

PER SERVING (1 serv.) 660 CALORIES 1.4g SAT FAT 528mg CARBS 119.4g CARBS

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Rice, brown, long-grain, cooked; Raw Whole Grain

Breaded Boneless Wing; Water, Tap; Sugars, brown (Sugars, brown); Vinegar, Cider (Vinegar, Cider); LEMON JUC, CND OR BTLD; Juice, Orange Juice, 4oz cup, 100%, Suncup, F; Soy sauce made from soy and wheat (shoyu), low sodium; Cornstarch; Orange Peel, Raw; ONION, CHOPPED, DRY; Spices, garlic powder; Spice, Ginger, ground,

6/15 oz; as purchased

Orange, Mandarin Orange, Whole Segment, In Juice, Carbotrol

PER SERVING (1/2 c.)			
51 CALORIES	0.0 g	15 _{mg}	13.3 g
	SAT FAT	sodium	CARBS

Allergens:

Made With: Orange, Mandarin Orange, Whole Segment, In

Juice, Canned

Orange, Raw, Whole

PER SERVING (1 ea.)			
73	0.0 g	O mg	18.1 _g
CALORIES	SAT FAT	SODIUM	carbs

Allergens:

Made With: ORANGES, ASSORTED VARIETIES, RAW

Pasta, Lasagna Rollup w/ Breadstick, MMA, WG, Veg-RO

PER SERVING (1 serv.) 654_{mg} 5.0_q **49.4**_g 357 **CALORIES SAT FAT SODIUM CARBS**

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Pasta, Lasagna Rollup, Whole Grain Cheese, Tasty

Brands, 00801WG, MMA, WG; Spaghetti Sauce, Nutritionally Enhanced, Red Pack, Red Gold, RPKMA9E, Veg-RO; Breadstick, New York Garlic Wheat made with Whole Grain, Marzetti, 15021,

WGR

Pasta, Mini Cheese Ravioli w/ Breadstick, MMA, WG

PER SERVING (1 serv.)			
404	4.0 g	847 _{mg}	59.9 _g carbs
CALORIES	SAT FAT	sodium	

Allergens: Contains Egg, Milk, Soy, Wheat.

Ravioli, Whole Grain Mini Cheese, Tasty Brands, Made With:

WG, MMA; Spaghetti Sauce, Nutritionally

Enhanced, Red Pack, Red Gold, RPKMA9E, Veg-RO;

Breadstick, New York Garlic Wheat made with

Whole Grain, Marzetti, 15021, WGR

Pasta, Pasta Bar 2 oz MMA, 2 oz WG

PER SERVING (1 ea.) 1159 5.9g 1049mg 186.9g CALORIES SAT FAT SODIUM CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Pasta, WG Penne, Dakota, 92010; Sauce, Mix,

Alfredo, 12g, Trio, 11250190; Beef, Smart Picks Beef Meatballs, Advance Pierre, 1-17-505-0, MMA; Spaghetti Sauce, Nutritionally Enhanced, Red Pack, Red Gold, RPKMA9E, Veg-RO; Cheese, Mozzarella,

Lite, Frozen, Shredded, Part Skim Milk, 50339, MMA; CHICKEN, DICED, COOKED, IQF,

MEAT ONLY

Pasta, Stuffed Shells w/ Breadstick, WG, MMA

Allergens: Contains Egg, Milk, Wheat.

Made With: Pasta, Stuffed Shells, Whole Grain Cheese, Tasty

Brands, 00803WG, MMA, WG; Sauce, Multi-Purpose Spaghetti, Red Pack, Red Gold, RPKMA9C, Veg-RO; Breadstick, New York Garlic Wheat made with

Whole Grain, Marzetti, 15021, WGR

PBJ, Smuckers, Daily Alternate-High GNG

PER SERVING (1 sandwich) 490 CALORIES 6.5g SAT FAT 690mg CARBS

Allergens: Contains Gluten, Peanuts, Wheat.

Made With: Uncrustables, 2.6 oz Peanut Butter & Samp; Grape

Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA; Apples, Pre-Sliced, Bagged; Removed in CN20 MOZZARELLA STRING CHEESE; Pretzel, Rold Gold Heartzels, Frito-Lay, PepsiCo, 15940, WGR (Pretzel, Rold Gold Heartzels, SS, Frito-Lay,

15940, WG)

PBJ, Smuckers, Daily Alternate-Middle GNG

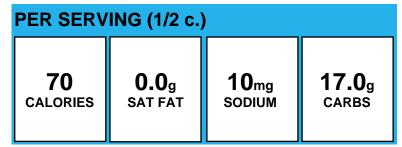
PER SERVING (1 sandwich)			
490	6.5 g	690 mg	57.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Gluten, Peanuts, Wheat.

Made With: Uncrustables, 2.6 oz Peanut Butter & English on Wheet Smucker's 515006060

Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA; Apples, Pre-Sliced, Bagged; Removed in CN20 MOZZARELLA STRING CHEESE; Pretzel, Rold Gold Heartzels, SS, Frito-Lay, 15940, WG

Peaches, Yellow Cling, Sliced, In Light Syrup



Allergens:

Made With: Peaches, Yellow Cling, Sliced, In Light Syrup,

Natures Orchard, F

Pears, bartlett, canned, sliced, A433

PER SERVING (1/2 c.) 62 CALORIES 0.0g SAT FAT 5mg CARBS 16.0g CARBS

Allergens:

Made With: PEARS, BARTLETT, CANNED, SLICED, JUICE PACK

Peas, green ,[100350, A160]

PER SERVING (1/2 c.)				
62	0.0 g	58 mg	11.4 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens:

Made With: PEAS, GREEN, COOKED FROM FROZEN, WITHOUT

SALT

Pepperoni Roll, M/MA, WG

PER SERVING (1 slice)				
355	4.3 g	764 mg	41.0 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Gluten, Wheat. May contain Milk, Soy.

Made With: Dough, 16" White Wheat Pizza Crust, Rich's

Foodservice, 04648, WGR (Dough, Par-Baked Crust, White Wheat, 16", Rich's Foodservice, 04648, WG); Cheese, Mozzarella, Lite, Frozen, Shredded, Part Skim Milk, 50339,MMA; Pepperoni, Sliced 14-16 Count, Cooked, Roseli, 342216

Peppers, Red, Raw



Allergens:

Made With: Red Peppers, Raw, Veg-RO

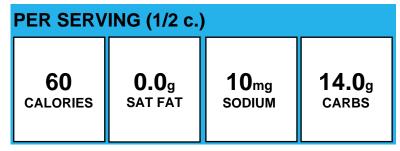
Peppers, sweet, green, raw

PER SERVING (1/2 cup, chopped)				
15	0.0 g	2mg	3.5 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: PEPPERS,SWT,GRN,RAW

Pineapple Tidbits, Canned, In Juice, F



Allergens:

Made With: Pineapple Tidbits, Canned, In Juice, F

Pizza 16", BBQ Chicken, MMA, WG

PER SERVING (1 ea.)

451
CALORIES 10.3g
SAT FAT 1068mg
CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat. May contain

Egg.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Cheddar, Shredded; Sauce, BBQ Dispenser Pack, Heinz, 500100; Chicken, Fajita Strips Fully Cooked Frozen

IQF 30 LB, USDA, 100117, A563, MMA

Pizza 16", Cheese & Pepperoni, MMA, WG

PER SERVING (1 slices,each)				
411	10.4 g	794 mg	40.1 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO (Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO); Pepperoni, Sliced 14-16 Count, Cooked, Roseli, 342216

Pizza 16", Cheese and Sausage, MMA, WG

PER SERVING (1 Slice (1/8th of Pizza)) 425 CALORIES SAT FAT 808mg SODIUM 40.6g CARBS

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO (Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO); SAUSAGE,

ITALIAN CRUMBLE PORK COOKED

Pizza 16", Cheese, MMA, WG

PER SERVING (1 Slice (1/8th of Pizza))				
374	9.1 g	659 _{mg}	40.1 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO (Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO)

Pizza 16", Veggie, MMA, Veg-DG & O, WG

PER SERVING (1 Slice (1/8th of Pizza)) 384 CALORIES 9.1g SAT FAT 664mg SODIUM 42.2g CARBS

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO (Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO); Onions, raw; PEPPERS,SWT,GRN,RAW; Broccoli, raw (Broccoli, Floret Iceless Poly Pack Fresh Ref, Cross Valley Farm, 042287, Veg-DG); Red Peppers, Raw,

Veg-RO

Pizza 16", White, MMA, Veg-RO, WG

PER SERVING (1 Slice (1/8th of Pizza))

432
CALORIES SAT FAT 642mg
SODIUM CARBS

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Raw tomatoes;

OIL, SOYBN, SALAD OR COOKING

Pizza 16", White, Spinach Tomato Feta, MMA, Veg-RO, WG

PER SERVING (1 Slice (1/8th of Pizza)) 513 CALORIES 14.3g SAT FAT 925mg CARBS 42.2g CARBS

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Raw tomatoes; Spinach, Fresh, baby Flat leaf, Veg-DG (Spinach, Fresh, baby Flat leaf, Veg-DG); CHEESE,FETA;

OIL, SOYBN, SALAD OR COOKING

Pizza, Big Daddy's Bold 16" 51% WG Rolled Edge Cheese, Schwan's Food Service, Inc, 78985 WG, MMA, Veg-RO



Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Pizza, Big Daddy's Bold 16" 51% WG Rolled Edge

Cheese, Schwan's Food Service, Inc, 78985 WG,

MMA, Veg-RO

Pizza, Breakfast Pizza, 3oz MMA, 2oz WG

PER SERVING (1 slice 1/8 pizza) 422 CALORIES 6.5g SAT FAT 907mg CARBS 37.0g CARBS

Allergens: Contains Egg, Gluten, Milk, Wheat. May contain

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Cheese, Mozzarella,

Lite, Frozen, Shredded, Part Skim Milk,

50339,MMA; Egg, Patty Scrambled 1.25 oz Round IQF, Frozen/Grilled/Cooked, Michael Foods, 46025-

85017, MMA; Pork, Bacon, Sugardale

Pizza, Buffalo Chicken, MMA, WG

F	PER SERVING (1 Slice (1/8th of Pizza))					
	493 CALORIES	8.0 g SAT FAT	1544 mg SODIUM	49.7 _g carbs		

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Raw Whole Grain Breaded Boneless Wing; Cheese, Cheddar Mild Wrapped Yellow, 10 lb., Glenview Farms, 425654, MMA; Dressing, Ranch Low Fat, Heinz (Ranch, Low Fat); Cheese, Mozzarella, Lite, Frozen, Shredded, Part Skim Milk, 50339,MMA; Condiment, Hot

Sauce, Texas Pete, 10.012

Pizza, Hawaiian, MMA, WG

PER SERVING (1 Slice (1/8th of Pizza))

407 CALORIES 5.3g SAT FAT 896_{mg} SODIUM **40.2**g CARBS

Allergens:

Contains Gluten, Wheat. May contain Egg, Milk,

Soy.

Made With:

Dough, Pizza, Sheeted, 16", 51%, Rich's Foodservice, 09718, WGR; Cheese, Mozzarella,

Lite, Frozen, Shredded, Part Skim Milk, 50339, MMA: Ham. Cooked, Farmland For

50339,MMA; Ham, Cooked, Farmland Foods, A693 MMA; Pineapple Tidbits, Canned, In Juice, F; Oil,

Olive Oil

Pizza, Meat Lovers, MMA, WG

PER SERVING (1 Slice (1/8th of Pizza))

411 CALORIES 6.4g SAT FAT 1059_{mg}

38.7_g CARBS

Allergens:

Contains Gluten, Wheat. May contain Egg, Milk,

Soy.

Made With:

Dough, Pizza, Sheeted, 16", 51%, Rich's Foodservice, 09718, WGR; Cheese, Mozzarella,

Lite, Frozen, Shredded, Part Skim Milk,

50339,MMA; Sauce, Pizza Fully Prepared #10 Can, Angela Mia, ConAgra Foods, 2700038866, Veg-RO; Sausage, Turkey Patty, 1.03oz, Cooked, MMA; Ham, Cooked, Farmland Foods, A693 MMA; Pepperoni, Sliced 14-16 Count, Cooked, Roseli,

342216; Pork, Bacon, Sugardale

Potato, Curly Fries

PER SERVING (1/2 c.)

139 CALORIES **1.7**g SAT FAT

392mg SODIUM **18.3**g CARBS

Allergens: Contains Wheat.

Made With: Potato, Curly Fries, Spiral

Potato, French Fry 5/16" Straight Cut, JR Simplot, 10071179474128, Veg-S

PER SERVING (4 oz.) 160 CALORIES 1.0g SAT FAT 390mg CARBS CARBS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Potato, French Fry 5/16" Straight Cut, JR Simplot,

10071179474128, Veg-S

Potato, french-fry wedge cut w/ peel, frozen, Veg-S

PER SERVING (1/2 c.)				
120	1.0 g	15 _{mg}	18.0 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: Potato, french-fry wedge cut w/ peel, frozen, Veg-S

Potato, Sweet Potato French Fry, Simplot, Veg-RO



Allergens:

Made With: Potato, Sweet Potato French Fry, 3/8 Crinkle Cut, J

R Simplot, 10071179020356, Veg-RO

Potato, Tator Tots, Veg-S

PER SERVING (3 ounces) 168 CALORIES 1.5g SAT FAT 227mg CARBS 18.8g CARBS

Allergens: Contains Soy.

Made With: Potato, Tator Tots, Veg-S

Raisins, seedless, not packed, regular moisture [100294, A500]

PER SERVING (1/4 c.) 117 CALORIES 0.0g SAT FAT SODIUM 29.1g CARBS

Allergens:

Made With: Raisins, seedless, not packed, regular moisture

[100294, A500]

Relish, Monarch, 270017, Condiment



Allergens:

Made With: Relish, Monarch, 270017, Condiment

Salad, Buffalo Chicken w/ WG Dinner Rolls, M/MA, WG, Veg-DG, Veg-RO, Veg-O

PER SERVING (1 ea.) 433 CALORIES 4.3g SAT FAT 987mg CARBS CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Lettuce, Romaine, Chopped, Fresh, Veg-DG;

Chicken, Nuggets, Tyson, WG; Rolls, Wheat WG

Dinner, Schwebels, 192, WGR;

CAULIFLOWER,RAW; Tomato Wedges (Tomatoes, red, ripe, raw, year round average); Broccoli, raw (Broccoli, Floret Iceless Poly Pack Fresh Ref, Cross Valley Farm, 042287, Veg-DG); Cheese, Cheddar, Shredded; Condiment, Hot Sauce, Texas Pete,

10.012

Salad, Chicken Caesar Salad, 9-12, MMA, WG, Veg-DG, Veg-O

PER SERVING (1 salad)				
454	6.5 g	1079 _{mg}	44.9 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: Contains Egg, Fish, Gluten, Milk, Soy, Wheat.

Made With: LETTUCE, COS OR ROMAINE, RAW; Rolls, Wheat WG

Dinner, Schwebels, 192, WGR; CHICKEN, DICED, COOKED, IQF, MEAT ONLY; Dressing, Caesar Creamy Special, Ken's, KE0728; Cheese,

Mozzarella, Shredded, Whole Milk, MMA; Croutons, Cheese and Garlic Whole Grain (Croutons, Cheese

and Garlic Whole Grain)

Salad, Chopped Garden (new), MMA, WG, Veg-DG, Veg-RO, Veg-O

PER SERVING (1 salad) 437 CALORIES 10.1g SAT FAT 925mg SODIUM 42.6g CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Lettuce, Romaine, Chopped, Fresh, Veg-DG; Rolls,

Wheat WG Dinner, Schwebels, 192, WGR; Tomatoes, red, ripe, raw, year round average; Olives, ripe, canned (small-extra large); CARROTS,RAW; Cheese, Mozzarella, Shredded, Whole Milk, MMA; Cheese, Cheddar, Shredded; Cucumber, with peel, raw; Broccoli, raw (Broccoli, Floret Iceless Poly Pack Fresh Ref, Cross Valley Farm, 042287, Veg-DG)

Salad, Crispy Chicken (new), 9-12, MMA, WG, Veg-DG, Veg-RO, Veg-O

PER SERVING (1 salad) 553 CALORIES 4.6g SAT FAT 1036mg CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Chicken, Tenderloin Shaped Nugget, Tyson, WG;

LETTUCE, COS OR ROMAINE, RAW;

CAULIFLOWER, RAW; Tomatoes, red, ripe, raw, year

round average; Rolls, Wheat WG Dinner, Schwebels, 192, WGR; Broccoli, raw (Broccoli, Floret Iceless Poly Pack Fresh Ref, Cross Valley Farm, 042287, Veg-DG); Crouton, Cubed, Seasoned, TFF Bulk, Monarch, 355375, Non-WG;

Cheese, Cheddar, Shredded

Salad, Salad Bar, MMA, WG

PER SERVING (1 salad) 572 CALORIES 6.1g SAT FAT 1452mg CARBS 61.4g CARBS

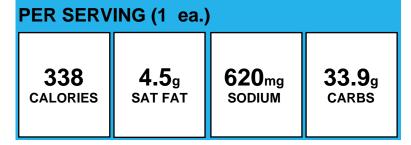
Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Lettuce, 80% Romaine 20% Spring Mix Blend,

Taylor Farms, 1061162895797, Veg-DG; Cucumber, with peel, raw; Raw Whole Grain Breaded Boneless Wing; DOUGH, BREADSTICK WHOLE GRAIN 1.2 OZ, Rich's, 12194; Cheese, Cheddar, Shredded; Condiment, Hot Sauce, Texas Pete; Spinach, Fresh, baby Flat leaf, Veg-DG; Chicken, Red Label Select Cut Grilled Filets, Fully Cooked, Tyson, 38350-928, MMA; Tomatoes, red, ripe, raw, year round average; Croutons, Cheese and Garlic Whole Grain; Olives, ripe, canned (smallextra large); Potatoes, French Fries, Crinkle Cut, Frozen, Veg-S (Potatoes, French Fries, Crinkle Cut,

Frozen, Veg-S)

Sandwich, Baked Meatball Sandwich on WG Bun, 2.5 oz MMA, 2 oz WG, 1/4 Cup Veg-RO



Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Beef, Smart Picks Beef Meatballs, Advance Pierre, 1

-17-505-0, MMA; Spaghetti Sauce, Nutritionally Enhanced, Red Pack, Red Gold, RPKMA9E, Veg-RO; Bun, White Whole Grain Hot Dog, Schwebels, 127, WGR; Cheese, Mozzarella, Lite, Frozen, Shredded,

Part Skim Milk, 50339, MMA

Sandwich, BBQ Ribby 2 oz MMA, 2 WG

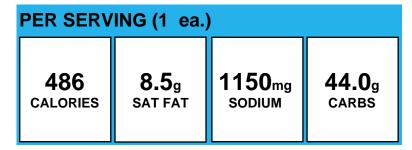
PER SERVING (1 ea.) 388 CALORIES 4.0g SAT FAT SODIUM 55.1g CARBS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Pork, Super Rib Pattie with Built-in BBQ Sauce,

AdvancePierre Foods, 3-44-531-0, MMA; Bun, White WG Hamburger, Schwebels, 126, WGR; Sauce, BBQ Dispenser Pack, Heinz, 500100

Sandwich, Buffalo Chicken Patty w/ Pepper Jack Cheese, 3 oz MMA/ 2 oz WG



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Chicken Patty, Traditional Whole Grain Breaded,

Pilgrim's Pride, Gold Kist, 66210, MMA, WG; Bun, White WG Hamburger, Schwebels, 126, WGR; Cheese, Pepper Jack Cheese Cubes, Land O' Lakes, 44114, MMA (Cheese, Pepper Jack Cheese Cubes, Land O' Lakes, 44114, MMA); Condiment, Hot Sauce, Texas Pete, 10.012 (Condiment, Hot Sauce,

Texas Pete, 10.012)

Sandwich, Cheese Steak, Hoagie, 6-8, 9-12, MMA, WG

PER SERVING (1 sandwich) 550 CALORIES SAT FAT SODIUM 595mg SODIUM CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Philly Steak; Bun, White Whole Grain Hoagie,

Schwebels, 125, WGR; Cheese, American, 160

count

Sandwich, Chicken Patty, 2 oz MMA/ 1 oz WG, 2 oz WG

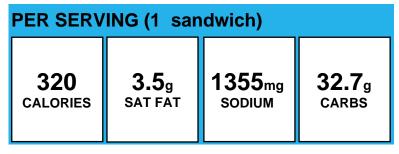
PER SERVING (1 ea.)				
376	2.5 g	640 mg	43.0 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Chicken Patty, Traditional Whole Grain Breaded,

Pilgrim's Pride, Gold Kist, 66210, MMA, WG; Bun, White WG Hamburger, Schwebels, 126, WGR

Sandwich, Deli Hoagie, MMA, WG, 6-8, 9-12



Allergens: Contains Milk, Soy, Wheat.

Made With: Bun, White Whole Grain Hoagie, Schwebels, 125,

WGR; TURKEY, BREAST, DELI-STYLE, COOKED THEN FROZEN; HAM, SLICED, PACKAGED (96% FAT FREE, H2O ADDED); Cheese, American, 160 count

Sandwich, Double Dogs on WG Buns, 4 oz MMA, 3.5 oz WG

PER SERVING (1 ea.) 539 CALORIES 5.0g SAT FAT 1117mg SODIUM 58.0g CARBS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Bun, Whole Grain Hot Dog, Schwebels, 119, WGR;

Hot Dog, Turkey

Sandwich, Italian Grinder, 9-12, MMA, WG

PER SERVING (1 ea.)				
377 CALORIES	6.8 g	1510 mg	35.1 _g	
	SAT FAT	SODIUM	CARBS	

Allergens: Contains Gluten, Milk, Soy, Wheat.

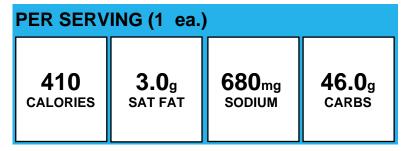
Made With: PORK, HAM, CURED, SLICED, PRECOOKED, WATER

ADDED; Bun, White Whole Grain Hoagie,

Schwebels, 125, WGR; Deli Meat, Salami, Cooked, Pork and Beef, Berks, 3212, MMA; Deli Meat, Pepperoni, Sandwich Style, Roseli/ U.S. Foodservice, 9328907; Cheese, Mozzarella,

Shredded, Whole Milk, MMA

Sandwich, Prem Spicy Chicken Patty, 2 oz MMA, 2 oz WG



Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Spicy WG Breaded Chicken Breast Fillet; Bun,

White WG Hamburger, Schwebels, 126, WGR

Sandwich, Toasted/ Grilled Cheese Sandwich, 2 oz MMA, 2 oz WG

PER SERVING (1 sandwich) 385 CALORIES 12.7g SAT FAT 1159mg SODIUM 26.9g CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Bread, Wheat Whole Grain Bread, Schwebels, 263,

WGR; Cheese, American, Commodity, B065, MMA;

Margarine

Soup, Tomato Soup, Canned, Campbell's, 51000-00016, Veg-RO

PER SERVING (1 c.)				
90	0.0 g	480 mg	20.0 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: Soup, Tomato Soup, Canned, Campbell's, 51000-

00016, Veg-RO

Southwest Pork Nachos, MMA, WG

PER SERVING (1 serv.) 608 CALORIES 10.1g SAT FAT 1143mg CARBS 54.3g CARBS

Allergens: Contains Milk.

Made With: Chip, Tortilla, Crispy Rounds, Corn, Tostitos,

PepsiCo, 47753, WG; Sauce, Cheese Nacho, Shelf Stable, Can, El Pasado, 447951, MMA; PORK, LEG ROAST (FRESH HAM), ROASTED; BBQue Sauce, Heinz (BBQue Sauce, Heinz); Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O; Salsa, Low-Sodium, Canned, #10, USDA, 100330, Veg-RO; Condiment, Sour Cream, Glennview Farms

Strawberries, frozen, thawed, sliced, sweetened (sugar added) [A380]

PER SERVING (1/2 c.)				
122	0.0 g	4 _{mg}	30.0 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: Strawberries, frozen, thawed, sliced, sweetened

(sugar added) [A380]

Stromboli, Ham and Cheese MMA, WG, Veg-RO

PER SERVING (1 serving (1 slice)) CALORIES g SAT FAT mg SODIUM CARBS

Allergens: Contains Gluten, Milk, Wheat. May contain Egg,

Soy.

Made With: Dough, Pizza, Sheeted, 16", 51%, Rich's

Foodservice, 09718, WGR; Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO (Sauce, Pizza Sauce Low Sodium, Red Pack, Veg-RO); Cheese, Mozzarella, Shredded, Whole Milk, MMA; HAM, SLICED, PACKAGED (96% FAT FREE, H2O ADDED); OIL, OLIVE, SALAD OR COOKING; Pepperoni, Sliced 14-16 Count, Cooked, Roseli, 342216

Taco Bar, Beef & Chix w/ Soft Shells & Chips, MMA, WG

PER SERVING (2 ea.)			
374	7.7 g	585 mg	32.8 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Milk, Wheat.

Made With: LETTUCE, ICEBERG (INCL CRISPHEAD TYPES), RAW;

TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE; Condiment, Salsa, Canned, #10, Del Monte, Veg-RO; Condiment, Sour Cream, Glennview Farms; Sauce, Cheese Nacho, Shelf Stable, Can, El Pasado, 447951, MMA; Tortilla, 6", WW, Don Pancho; Chip, Tortilla, Crispy Rounds, Corn, Tostitos, PepsiCo, 47753, WG (Chip, Tortilla, Crispy Rounds, Corn, Tostitos, PepsiCo, 47753, WG);

BEEF, GROUND, 85% LN MEAT / 15% FAT, RAW; Removed in CN21 CHEESE, CHEDDAR, YELLOW, REDUCED FAT, SHREDDED; CHICKEN, DICED, COOKED, IQF, MEAT ONLY; Rice, brown, longgrain, cooked; Seasoning, Taco Seasoning Mix, San Pablo, 26234 (Seasoning, Taco Seasoning Mix, San

Pablo, 26234)

Taco, Beef Taco with Nacho Chips, MMA, WG

PER SERVING (1 ea.) 386 CALORIES 7.9g SAT FAT 662mg CARBS CARBS

Allergens: Contains Gluten, Milk, Wheat.

Made With: Beef, Crumbles, Fully Cooked, Bulk, CN, Maid-Rite

Steak Company, 75156-93100, MMA; Tortilla, Flour, 6", Mission Foods, 595450, Non-WG; Tortilla, Corn Chips, WG; Lettuce, iceberg (includes crisphead types), raw; Water, Tap; Cheese, Cheddar, Shredded; Tomatoes, red, ripe, raw, year round average; Tomato products, canned, paste, without salt added; Onions, raw; Spice, Chilli powder, mild, 6/18 oz; as purchased; Spices, garlic powder; Spices, Full Line; Cumin, ground, 6/16 oz; as purchased; Spices, onion

powder; Spices, paprika

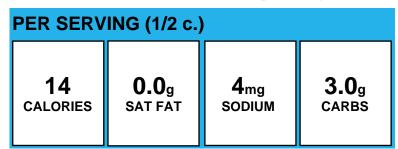
Toast, WG Bread Slice

PER SERVING (1 ea.)			
70 CALORIES	0.0 g	115 _{mg}	12.0 g
	SAT FAT	sodium	CARBS

Allergens: Contains Soy, Wheat.

Made With: Bread, White Whole Grain, Schwebels, 001, WGR

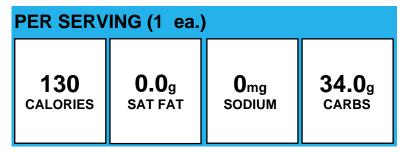
Tomatoes, Raw, Cherry, Veg-RO



Allergens:

Made With: Tomatoes, Raw, Cherry, Veg-RO

UV Apples, Red Delicious, 138 Count Washington Fancy,



Allergens:

Made With: Apples, Red Delicious, 138 Count Washington

Fancy, Fresh, Raw, Cross Valley Farms, F

UV Orange, Raw, Whole

PER SERVING (1 piece)			
62 CALORIES	0.0 g SAT FAT	O _{mg} SODIUM	15.4 _g carbs

Allergens:

Made With: ORANGES, ASSORTED VARIETIES, RAW

Watermelon, raw, diced

PER SERVING (1/2 cup, diced)			
25	0.0 g	1 _{mg}	5.7 _g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Made With: WATERMELON, RAW

Wrap, Bacon Egg & Cheese Wrap 2oz MMA, 2oz WG

PER SERVING (1 wrap) 392 CALORIES 9.6g SAT FAT 1047mg CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Tortilla, 10" Whole Wheat Tortilla, DonPancho; Egg,

Patty Scrambled 1.25 oz Round IQF,

Frozen/Grilled/Cooked, Michael Foods, 46025-85017, MMA; UV Cheese, American, State Brand, MMA (Cheese, American, State Brand, MMA); Pork,

Bacon, Sugardale

Wrap, BBQ Chicken and Cheese Wrap, WG, 6-8, 9-12, MMA, WG

PER SERVING (1 wrap)

380
CALORIES

7.2g
SAT FAT

802mg
CARBS

CARBS

Allergens: Contains Gluten, Milk, Wheat.

Made With: Tortilla, Whole Wheat, 10", 2oz eq; CHICKEN,

DICED, COOKED, IQF, MEAT ONLY; BBQue Sauce, Heinz (BBQue Sauce, Heinz); Cheese, Cheddar,

Shredded

Wrap, Chicken Caesar, 6-8, 9-12, M/MA, WG, Veg-DG, Veg-RO

PER SERVING (1 ea.) 428 8.1_q **833**mg 36.7_g **CALORIES SAT FAT SODIUM CARBS**

Allergens: Contains Egg, Fish, Gluten, Milk, Wheat.

Made With: Tortilla, Whole Wheat, 10", 2oz eq; CHICKEN,

DICED, COOKED, IQF, MEAT ONLY; LETTUCE, COS OR ROMAINE, RAW; Tomato, Fresh, Raw, All Red Varieties, Veg-RO; Dressing, Caesar Creamy Special, Ken's, KE0728; Cheese, Mozzarella,

Shredded, Whole Milk, MMA

Wrap, Crispy Chicken, 6-8, 9-12, M/MA, WG, Veg-DG, Veg-RO

PER SERVING (1 ea.)			
418	5.7 g	820 mg	45.3 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Gluten, Milk, Soy, Wheat.

Chicken, Nuggets, Tyson, WG; Tortilla, Whole Made With:

Wheat, 10", 2oz eq; LETTUCE,COS OR ROMAINE, RAW; Tomatoes, red, ripe, raw, year round average; Cheese, Mozzarella, Shredded,

Whole Milk, MMA

Wrap, Egg & Cheese Wrap 2oz MMA, 2oz WG

PER SERVING (1 wrap) 312 CALORIES 7.6g SAT FAT 777mg SODIUM CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Tortilla, 10" Whole Wheat Tortilla, DonPancho; Egg,

Patty Scrambled 1.25 oz Round IQF,

Frozen/Grilled/Cooked, Michael Foods, 46025-85017, MMA; UV Cheese, American, State Brand, MMA (Cheese, American, State Brand, MMA)

Wrap, Sausage Egg & Cheese Wrap MMA, WG

PER SERVING (1 wrap)			
372	8.7 g	897 mg	30.2 _g
CALORIES	SAT FAT	SODIUM	CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

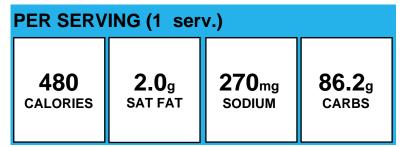
Made With: Tortilla, 10" Whole Wheat Tortilla, DonPancho; Egg,

Patty Scrambled 1.25 oz Round IQF,

Frozen/Grilled/Cooked, Michael Foods, 46025-85017, MMA; UV Cheese, American, State Brand, MMA (Cheese, American, State Brand, MMA); Removed in CN20 PRECOOKED TURKEY SAUSAGE

PATTY

Yogurt Parfait w/ Fruit & Granola



Allergens: Contains Milk, Soy.

Made With: Strawberries, frozen, thawed, sliced, sweetened

(sugar added) [A380]; Yogurt, Vanilla Low Fat 1.5% Quart, Dannon, 210, MMA; Whole Grain Oats

'N Honey Granola, Nature Valley