



*North Allegheny Senior High School
National Honor Society presents*

The Twenty-Ninth Annual

SCHOLASTIC HONORS BANQUET

May 23, 2019



National Honors Society

2018-2019 Cabinet of Officers

President: Teague Urban

Vice President: Ritika Nagpal

Secretary: Lila McGrath

Treasurer: Eli Coltin

Service Chairs: Roma Ranade & Kacey Yip

Publicity Chair: Alexis McClure

Nash Chair: Olivia Laun

Technical Chair: Jack Lopuszynski

Mrs. Oliver and Mr. Tengowski are thankful for the NHS officers and the hard work and dedication to excellence they demonstrated this year.

2018 - 2019 NHS Service projects:

- Ingomar and Hosack Elementary Tutoring
- Marshall Elementary Events
- Marshall Middle School Tutoring
- McKnight Shining Knights
- Hosack Elementary Intramurals
- School events such as NASH Open House, Tiger Thon, Project Water, and the Musical
- Packaging supplies for World Vision
- Vincentian Nursing Home bingo
- SAT & ACT Testing
- Blood Drive

And many more projects throughout the year!

In addition to the NASH principals, we would like to thank the entire NASH faculty for their help and cooperation throughout the year!

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Welcome/Opening Remarks

Teague Urban
NHS President

Recognition of Guests and Awards

Mrs. Dana Oliver
NHS Adviser

Dinner and Blessing

Mr. Nathan Tengowski
NHS Adviser

Top Scholars Video

Jack Lopuszynski
NHS Technical Chair

Introduction of Guest Speaker

Teague Urban
NHS President

Guest Speaker

Dr. Kirsten Lin
North Allegheny Alumna

Presentation of Top Scholars

Dr. John Kreider
NASH Principal

Closing Remarks

Mrs. Dana Oliver
Mr. Nathan Tengowski
NHS Advisors

INTRODUCING THE CLASS OF 2019 TOP SCHOLARS

Zahra Ahmad



College: Carnegie Mellon

Desired Major: Computer Science

Teacher Guest: Mrs. Rosato

Most Meaningful Classes: AP Economics, AP Biology, Honors Organic Chemistry, AP Human Geography

Best experience at North Allegheny: The best aspects of my North Allegheny experience were the wide variety of academic and extracurricular opportunities that allowed me to pursue any interest, as well as the devoted nature and supportiveness of all my teachers. Through the positive atmosphere provided by peers and teachers, I was always motivated to put forth my best effort in everything that I set out to do.

Quote: “There is no passion to be found playing small – in settling for a life that is less than the one you are capable of living.” -Nelson Mandela

Jordana Avigad



College: Washington University in St. Louis

Desired Major: Biology/Psychology

Teacher Guest: Mr. Venezia

Most Meaningful Classes: Biology, European History, Calculus, American History, French, Latin

Best Experience at North Allegheny: North Allegheny inspired me to challenge myself academically, to meet new people, and to step out of my comfort zone and try new things. I am thankful for all that my teachers and peers have taught me, and I feel prepared for my future after I leave the hallowed halls of NASH.

Quote: "Life is short, and so am I" -unknown

Savannah Benko

College: Georgetown University

Desired Major: Political Economy

Teacher Guest: Mrs. Keats

Most Meaningful Classes: AP Economics, AP Human Geography, AP Physics 1&2

Best Experience at North Allegheny: I loved that I was able to continue playing the viola despite taking a rigorous schedule and being heavily committed to sports. I also loved the freedom in course selection. I was able to take courses in many areas of study but wasn't committed to a certain track. In the end, that freedom helped me find what I actually wanted to study in college.

Quote: "Scar tissue is stronger than regular tissue. Realize the strength, move on."
-Henry Rollins



Anatole Borisov



College: Case Western Reserve University

Desired Major: Chemistry

Teacher Guest: Madame Stroud

Most Meaningful Classes: AP Chemistry, AP Physics 1+2/C, Honors Organic Chemistry

Best Experience at North Allegheny: I got to meet many brilliant, driven, inspiring people, and whether classmate, teacher, or teammate, I am forever grateful for the relationship I built with them.

Quote: "The highest compliment that you can pay me is to say that I work hard every day, that I never dog it." - Wayne Gretzky

Jiwoo Cheon

College: Cornell University

Desired Major: Computer Science

Teacher Guest: Mr. Williams

Most Meaningful Classes: AP Computer Science, AP Calculus BC, Wind Ensemble, Latin

Best Experience at North Allegheny: I like the fact that the most memorable parts of the past few years range from Ocean Bowl to JCL to band. The academically intense environment made me realize the importance of everything in life besides academics, so I enjoyed having the opportunity to pursue a variety of interests. I also genuinely appreciate the few teachers who reminded me that I am cared about not only by the success or failure of my grades but also by my well-being as a sentient young person.

Quote: "The universe seems neither benign nor hostile, merely indifferent to the concerns of such puny creatures as we." - Carl Sagan



William Cheong



College: University of Notre Dame

Desired Major: Chemistry

Teacher Guest: Mr. Kuffer

Most Meaningful Classes: AP Chemistry, AP Biology, Spanish

Best Experience at North Allegheny: Being with friends at school and on school trips.

Quote: "He who thinks great thoughts, often makes great errors." - Martin Heidegger

Ethan Chi

College: Vanderbilt University

Desired Major: Biochemistry

Teacher Guest: Mr. Lyons

Most Meaningful Classes: Biology, Chemistry, Foreign Policy, Anatomy/Physiology, Spanish

Best Experience at North Allegheny: Mrs. Beatty's positive feedback lecture

Quote: "I yam what I am" - Invisible Man by Ralph Ellison



Ganesh Chilukuri



College: Emory University

Desired Major: Neuroscience

Teacher Guest: Mrs. Spak

Most Meaningful Classes: AP Biology, Economics, Honors Anatomy/Physiology, AP Psychology

Best Experience at North Allegheny: I truly enjoyed the vast array of opportunities to get involved at North Allegheny. Everyone is able to find a place at North Allegheny whether it's in academics, the arts, or athletics. I personally appreciated the great student body and the competitive atmosphere because they motivated me to go beyond my potential and strive for success.

Quote: "The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy." -- Kalu Ndukwe Kalu

Harshal Dahake

College: Georgia Tech

Desired Major: Computer Science

Teacher Guest: Mrs. Volpe

Most Meaningful Classes: AP Calculus BC, AP American History, AP Economics, AP Computer Science

Best Experience at North Allegheny: I learned to value things that actually mattered over the course of many years at North Allegheny. I also learned comedy.

Quote: "We admit that we are like apes, but we seldom realize that we are apes." - Richard Dawkins



Riya Divekar



College: 7 Year BA/MD Program at Drew University and Rutgers NJMS

Desired Major: Pre-Med/Economics

Teacher Guest: Mrs. Cima

Most Meaningful Classes: Engineering and Design; AP Chemistry; Honors Anatomy and Physiology; Both AP English Classes

Best Experience at North Allegheny: Having to take classes at NASH and NAI was very frustrating at times- I missed class time and information, had shorter lunches, and teachers did not always understand why I did this. However, looking back on the last four years, I fondly remember rides on the shuttle bus. The other students and I had a small break from our otherwise hectic classes, and most of the time we crammed for tests, did homework, or ranted about life, but there were a few times, the weather felt nice and nothing was time-sensitive, so we sang, talked, and laughed while we felt the cool breeze on the 8 minute drive from NAI to NASH.

Quote: “I think that I was raised by two of the best people ever. My mother and father are just the definition of hard work, like what hard work brings to you. They've taught me and my brothers and sisters to set your goals high and to give everything to reach them.” - Josie Loren

John Ehling

College: Princeton University

Desired Major: Literature

Teacher Guest: Mr. Langué

Most Meaningful Classes: AP English 3 and Organic Chemistry

Best Experience at North Allegheny: The teachers who actually made me look forward to sitting in uncomfortable chairs for forty minutes were Mr. Rheinhart, Mr. Long, Mr. Mohr, and Mr. Winschel. They're awesome. Aside from that, the swim team was incredibly great. The biggest part of my time at NA was spent in a cold pool swimming laps with some of the best people I know. Also, shoutout to the boys in Climb Club.

Quote: “Pretty neat, pretty neat, pretty good, pretty good, far out, alright. “
—Jim Morrison, The Doors



Joy Fu



College: NYU

Desired Major: Finance

Teacher Guest: Mr. Allen

Most Meaningful Classes: AP Statistics, AP Literature/Composition, AP Computer Science

Best Experience at North Allegheny: The people around me, students and teachers.

Quote: "Do your thing, and I shall know you" - Ralph Waldo Emerson

Enoch Hsiao

College: University of Massachusetts Amherst

Desired Major: Computer Science

Teacher Guest: Mrs. Lavelle

Most Meaningful Classes: AP Comp Sci, AP Calc BC, AP Statistics, AP Eng 4 Lit/Comp, Honors Chamber Orchestra

Best Experience at North Allegheny: The people truly made North Allegheny a pleasurable high school experience for me. I am indebted to my friends and teachers that have supported me through my lows, highs, mistakes, failures, and successes.

Quote: Look

If you had

One shot

Or one opportunity

To seize everything you ever wanted

In one moment

Would you capture it

Or just let it slip?

- Eminem (Lose Yourself)



Ethan James



College: Michigan State

Desired Major: Chemical Engineering

Teacher Guest: Mrs. Hackney

Most Meaningful Classes: AP Physics 1&2 and AP US History

Best Experience at North Allegheny: I appreciate the student community at NA in general; we are simultaneously competitive and supportive about both our academics and our athletics, which creates a positive environment for learning and self-improvement. I also greatly appreciate and owe much gratitude to all of my teachers who have given me such a great academic experience. My teachers are passionate about what they do, and I feel that this has inspired much of my success as a student.

Quote: "The question is not what you look at, but how you look and whether you see."
-Henry David Thoreau

Aman Khalid

College: University of California, San Diego

Desired Major: Computer Science

Teacher Guest: Mrs. Morris

Most Meaningful Classes: AP English 4, AP Computer Science, Chamber Orchestra

Best Experience at North Allegheny: All of my teachers were fantastic; some of their students were okay, too.

Quote: "If their eyes are shining, you know you're doing it." - Benjamin Zander

Christopher Lee



College: Harvard College

Desired Major: Environmental Science and Engineering

Teacher Guest: Mr. Davis

Most Meaningful Classes: Calculus, Chemistry, Computer Science, Economics, English, Environmental Science, European History, Psychology, US History

Best Experience at North Allegheny: My favorite part of NA was being surrounded by supportive teachers, counselors, and administrators who inspired me to dream big and by amazing students who encourage one another to be the best they can be.

Quote: "The more I practice, the luckier I get." ~ Ben Hogan

Diane Lee

College: Cornell University

Desired Major: Materials Engineering

Teacher Guest: Mrs. Cerqua

Most Meaningful Classes: AP Physics 1&2&C, AP Statistics, AP Economics

Best Experience at North Allegheny: Definitely the people! However busy my day is, whatever mood I'm in, and whatever I do, my friends help me end every day with a big smile. The kind and self-motivated group of friends and teachers I meet at NASH always inspires me to become a better person. I am also thankful for the incredible resources NA has provided, which fulfilled my curiosity in every direction it pushed me toward to.

Quote: "Don't spend time beating on a wall, hoping to transform it into a door." - Coco Chanel



Ella Li



College: University of Toronto

Desired Major: Computer Science

Teacher Guest: Mrs. Will

Most Meaningful Classes: AP Computer Science, AP HUG

Best Experience at North Allegheny: I like that NA provides a plethora of resources and opportunities for students to explore their interests. I'm forever grateful towards the teachers who put in extra work to support me in pursuing my passions.

Quote: Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. —1 Peter 5:6-7

Jack Lopuszynski

College: University of Central Florida

Desired Major: Neuroscience Pre-Med

Teacher Guest: Mr. Tozier

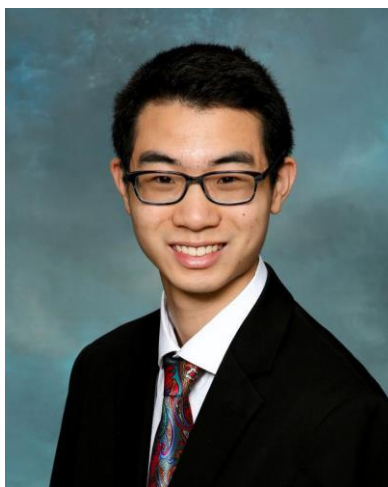
Most Meaningful Classes: To me, both my music and science classes have been very important. In Honors Anatomy and Physiology, I began to realize that I actually did want to be a doctor. Through that class, I realized that the human body and how it works is extremely fascinating to me and something that I want to spend my life studying. Outside of science, however, my band classes and AP Music have made a difference throughout my time at NA by offering me amazing experiences to grow as an artist and a musician.

Best Experience at North Allegheny: North Allegheny has given me many experiences that I never expected to have. I loved the opportunities that the music department was able to give me, including performing in professional-grade musicals for audiences totaling almost 10,000 people, marching in Epcot for a national audience, and writing stand tunes for the pep band which played at double header basketball games. Coupled with the amazing academics at NA, I would say that my best experiences have been those that I had through music.

Quote: "Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." - Albert Einstein



Kevin Lu



- Isaac Newton

College: University of Pittsburgh

Desired Major: Dental Medicine Guaranteed Admissions Program

Teacher Guest: Frau Brudnok

Most Meaningful Classes: AP Calculus BC, AP Psychology, AP Physics 1&2, AP Economics, German

Best Experience at North Allegheny: The diversity of interests and personal pursuits in our student body is truly fascinating! Whether you want to become an artist, engineer, doctor, or professional athlete, there is always an open peer community ready for you to explore. Coupled with the competitive, yet supportive academic environment, NA has provided me with all the resources necessary to jump-start my career aspirations in the real world.

Quote: "If I have seen further than others, it is by standing upon the shoulders of giants."

Aaron Miller

College: University of North Carolina at Chapel Hill

Desired Major: Finance/Mathematics

Teacher Guest: Magistra Ramsey

Most Meaningful Classes: AP Economics, AP Calculus AB/BC

Best Experience at North Allegheny: The best part of North Allegheny for me was having the opportunity to meet and become friends with so many motivated and hardworking people. I couldn't be more thankful for the part they've played in helping me grow both as a student and as a person.

Quote: "The best way to predict the future is to invent it" - Mark Cuban



Siddharth Mittal



College: Case Western Reserve University

Desired Major: Chemical or Biomedical Engineering

Teacher Guest: Mr. Dibucci

Most Meaningful Classes: AP Chemistry, Honors Organic Chemistry, AP Physics C

Best Experience at North Allegheny: The plethora of opportunities you have to laugh. I always found peers who were willing to engage in comedic acts to enrich learning experiences at NA.

Quote: "Mountain, get out of my way" - Montel Williams

Steven Pan

College: University of Illinois at Urbana-Champaign

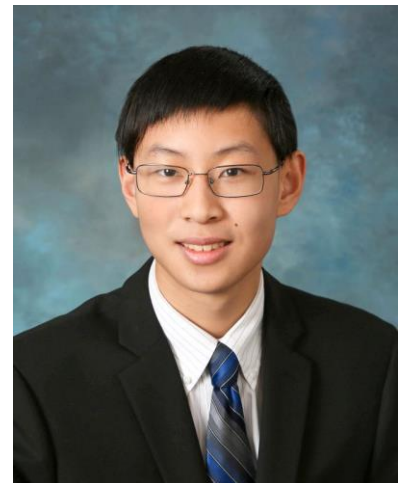
Desired Major: Computer Science

Teacher Guest: Magestra Bergen

Most Meaningful Classes: Computer Science, Latin, Statistics, Chemistry

Best Experience at North Allegheny: I've particularly enjoyed my time with JCL and Debate. My experience with the Latin community has been nothing but fantastic, and there's never a dull moment at debate tournaments.

Quote: "All generalizations are false, including this one." --Mark Twain



Nicole Ru



College: University of California, Berkeley

Desired Major: Chemical Engineering

Teacher Guest: Mrs. Rhinehart

Most Meaningful Classes: AP English Literature / Composition, Honors Organic Chemistry, AP Psychology, AP Chemistry, AP U.S. History, Creative Writing 1: Fiction

Best Experience at North Allegheny: The wide variety of classes available at NA is incredible, and I love how my teachers genuinely care about not only teaching, but also their students as individual people. Although academics were a large part of my NA experience, marching band was definitely my most meaningful activity.

Quote: "Writing is perhaps the greatest of human inventions, binding together people who never knew each other, citizens of distant epochs. Books break the shackles of time. A book is proof that humans are capable of working magic." — Carl Sagan

Laura Schwendeman

College: Massachusetts Institute of Technology

Desired Major: Mechanical, Biological, and/or Aerospace Engineering

Teacher Guest: Mrs. Progar

Most Meaningful Classes: All of them

Best Experience at North Allegheny: The best part about my experience at North Allegheny was all of the knowledge I gleaned throughout my time at NA. In going to North Allegheny, I have learned calculus, the art of writing, how to find the pka of an acid, and way too much about American History, and I also learned how to play for a team, how bear challenges, how to maintain, gain, and sometimes lose friendships, and how not everyone's life is the same as mine. I've learned a lot in my 12 years in NA, and I would say that all of that education has undoubtedly made me able to be where I am today. And, also, I know that this education will continue to serve me in the future.

Quote: "It was impossible of course. But when did that ever stop any dreamer from dreaming?" --Laini Taylor, Strange The Dreamer



Tomer Shamir



College: Cornell University

Desired Major: Computer Science

Teacher Guest: Mrs. Prosser

Most Meaningful Classes: AP Calculus BC, AP Chemistry, AP Physics 1&2, AP Physics C, AP Computer Science, AP Statistics, APUSH, and AP HuG

Best Experience at North Allegheny: I liked the community at North Allegheny ranging from teachers to friends to classmates and enjoyed going through the journey of high school with such an amazing group of people that make up the school and the district.

Quote: "Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." - Albert Einstein

Rebecca Shaw

College: Penn State University

Desired Major: Computer Science

Teacher Guest: Mrs. Steele

Most Meaningful Classes: AP Computer Science, Honors Pre-Calculus, Chamber Orchestra

Best Experience at North Allegheny: The orchestra program provided many diverse opportunities for me to take my viola playing beyond the NASH and NAI rehearsal rooms. Whether it was playing in the spring musical, delighting the community with the Golden Strolling Strings, or performing alongside top musicians through PMEA, I was able to make my orchestra experience more than simply drawing a bow across a big violin.

Quote: "You'd be surprised how many beautiful gowns have crazy women in them!"
- Marie, Rodgers and Hammerstein's "Cinderella"



Roy Sun



College: Johns Hopkins University

Desired Major: Chemical and Biomolecular Engineering

Teacher Guest: Mr. Lester

Most Meaningful Classes: Honors Organic Chemistry, AP Chemistry, AP Biology, AP Psychology, AP Statistics

Best Experience at North Allegheny: I loved being in a competitive academic environment that prepared me for college, and I cherished having close friends who made it all worth it.

Quote: "Optimism is the faith that leads to achievement." - Helen Keller

Luke Turkovich

College: Duke University

Desired Major: Computer Engineering

Teacher Guest: Mr. Hull

Most Meaningful Classes: Physics 1/2, Calculus BC, Computer Science, English 2, Economics

Best Experience at North Allegheny: I consider myself very blessed to have grown up in a school district that achieves at such a high level: athletically, philanthropically, and academically. I have met inspiring, driven people and been able to make lifelong memories with them. I have been given the opportunities of a lifetime and experienced incredible fulfillment from the successes of my teams, service initiatives, and classes. When I look back on my time at North Allegheny, I will always remember the perspectives I gained and the amazing people that surrounded me.

Quote: "So soak it all up, let it sink in. Crank it up loud, all the way to ten. Living like the sun ain't coming back up, like it's the last time..." ~ Thomas Rhett, "Like It's The Last Time"



Teague Urban



College: University of Notre Dame

Desired Major: Finance

Teacher Guest: Señor Dibacco

Most Meaningful Classes: AP Economics, AP US History, AP Statistics, AP Human Geography

Best Experience at North Allegheny: The people I have met through my years in school have been the best part of my experience at North Allegheny. The diversity among the students and the wisdom of the teachers has allowed me to grow as a person. I have made many lifelong friends, each of which has changed my outlook on life for the better.

Quote: "Success is not final, failure is not fatal: it is the courage to continue that counts."
-Winston Churchill

Shudipto Wahed

College: Yale University

Desired Major: Biomedical Engineering and Economics

Teacher Guest: Mrs. Volpe

Most Meaningful Classes: AP Chemistry, AP Statistics, Honors Organic Chemistry, Hildy Economics, AP U.S. History, AP Physics 1 & 2

Best Experience at North Allegheny: The vast array of opportunities. The academics, extracurriculars, and variety of learning experiences of NA make it an environment in which one who has the drive to succeed has every reasonable ability do so.

Quote: "A failure is not always a mistake, it may simply be the best one can do under the circumstances. The real mistake is to stop trying." - B.F. Skinner



Sarah Wang



College: University of Pennsylvania

Desired Major: Bioengineering

Teacher Guest: Mr. Mohr

Most Meaningful Classes: AP Chemistry, AP European History, AP US History

Best Experience at North Allegheny: Building lasting relationships and creating great memories with my friends

Quote: "The flower that blooms in adversity is the most rare and beautiful of all." -Walt Disney, Mulan

William Wang

College: Carnegie Mellon

Desired Major: Electrical and Computer Engineering

Teacher Guest: Herr Demkee

Most Meaningful Classes: AP Physics 1/2

Best Experience at North Allegheny: Being surrounded by great people and teachers

Quote: "Hakuna Matata" – Lion King



Roshie Xing

College: University of Pennsylvania

Desired Major: Mathematical Economics

Teacher Guest: Mr. Hildebrand

Most Meaningful Classes: How could I pick just one, or even a few? Each class that I've taken has influenced me greatly, helping me define more clearly my future path, teaching me the importance of perseverance and hard, or even simply introducing me to subjects that I hadn't necessarily been interested in before. To name some that have been most impactful: AP Economics, AP Calculus BC, AP Human Geography, AP English Literature, Honors Foreign Policy, and Honors Wind Ensemble.

Best Experience at North Allegheny: I moved to NA freshman year and was immediately struck by the sense of community and breadth of opportunity that this district provides. The peers that I have interacted with have been competitive but supportive, pushing me to surpass my limits while cheering me on along the way. My teachers have all been readily available, challenging my perceptions of the world, inspiring me to strive for ever-loftier goals, and taking time out of their own day to answer my incessant questions. Finally, I have always been encouraged to cultivate aspects of myself through an abundant offering of courses and activities, from learning about my cultural heritage and history in Honors History of East Asia to attempting to achieve nuclear non-proliferation at a Model UN conference to dabbling in poetry through VARIATIONS submissions. I am so incredibly thankful for the wealth of resources and support that this community has given to me.

Quote: "Lock up your libraries if you like; but there is no gate, no lock, no bolt that you can set upon the freedom of my mind." --Virginia Woolf, A Room of One's Own



NHS SCHOLARSHIP WINNERS

The North Allegheny Senior High School Chapter of the National Honor Society, is proud to announce the winners of the 2019 National Honor Society Scholarships.

Zahra Ahmad

Kayla Brown

Lila McGrath

Kacey Yip

